

# Psalm One

This week in church we will begin to look at the first few psalms. Psalms are special verses or songs and the shorter ones at the beginning of the book of Psalms are excellent reminders of God's love for us through many stages of our lives. This week we start by looking at Psalm 1.

## Little Kids' and Kids' Church

**Video:** <https://www.youtube.com/watch?v=x5sFYvu6h-Y>

**Bible Story:** Psalm 1

**Big Verses:** But whose delight is in the law of the Lord and who meditates on his law day and night.

Psalm 1:2

**Big Idea:** If you read God's word and think on it you are like a fruiting tree.

**Activity:** Make a tree that is planted by the stream.

**Idea 1** - Use your handprint to make the outline of the tree trunk and use coloured paper or create your own leaves.

**Idea 2** - Use recycled materials (i.e. a toilet roll for the trunk, tissue paper for the leaves) to make a tree.

**Extra Activity:** Choose a comfy place to sit and read some of your favourite bible stories.

A colouring sheet is available here: <https://anglicancg.org.au/wp-content/uploads/Psalm-1.docx>